

## How to Convert 3GP to MP4 on Mac?

How to convert 3GP to MP4 on Mac? It is needed to know what 3GP is in the first place. 3GP is a multimedia container format used by mobile phones and was designed to make file sizes smaller so mobile phones could support video. Here [Aiseesoft MP4 converter for Mac](#) helps you out to convert 3GP to MP4 Mac.

Downloading free trial is available.

[Intel Version](#)

[Power PC Version](#)

## How to Convert 3GP to MP4 on Mac?



Step 1, Double click the "Aiseesoft MP4 Converter for Mac" icon on your desktop to run it.

Step 2, Click "Add file" button on the left top of the main window to select video file(s) you would to convert to MP4, they can be 3GP, WMV, MOV, ASF ... format.

Step 3, Select output format and choose output directory  
Use the "Profile" to control the output format and select "MPEG-4 Video" as the output format.



Use the "Browse" to select an output folder for saving converted MP4 videos.



Step 4, After all the preparations, just click "Start" to convert 3GP to MP4 on Mac.



Tip: If you want to try more editing, press .